



# joyful JOURNEY

# PROGRAM 2019 YEAR 2020

## SEPTEMBER

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### 8: Rally Day

**Affirmation:** *We are beginning a shared, joyful journey of discovery.*

**Lectionary:** *A New Identity.* God knows me inside and out, and is everywhere within me and around me.

### 15: Inclusion

**Affirmation:** *The Spirit within me is the One Spirit that lives in all.*

**Lectionary:** *Growing in God's Love.* Mercy, not vengeance, brings healing and wholeness. The shepherd leaves the whole flock to rescue one lost sheep.

### 22: Forgiveness and Healing

**Affirmation:** *I forgive as I can and my heart is filled with light.*

**Lectionary:** *Prayerful Living.* God is present in grief and suffering and able to bring comfort and healing to painful places.

**Also Happening:** Semi-Annual Meeting

### 29: Security

**Affirmation:** *I am secure in unconditional love, light and joy.*

**Lectionary:** *Surprising Investment.* I find fulfillment and security in divine, eternal things, not in wealth, government, power or money.

**Also Happening:** Rochester Pride Weekend, special service at 11a.

## OCTOBER

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### 6: Accessing Sacred Guidance

**Affirmation:** *I feel for inner guidance before I act.*

**Lectionary:** *Free to Grieve.* I can draw on faith and spiritual wisdom in difficult times.

### 13: What is Success?

**Affirmation:** *My success is measured in happiness and peace within.*

**Lectionary:** *Planting Life.* All people deserve to thrive and grow.

### 20: Willpower

**Affirmation:** *I find within myself the power to do what is right.*

**Lectionary:** *Act Boldly, Live Justly.* Act for justice, God will come alongside you.

### 27: Practicing Humility

**Affirmation:** *I know that the Spirit of the universe can do great and small things through me.*

**Lectionary:** *Just Worship.* God desires sincerity, humility and truth, not showiness or credit-seeking.

# NOVEMBER

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## 3: Being an Instrument of Blessing

**Affirmation:** *I wish only blessings for all.*

**Lectionary:** *Transforming Love.* Love leads us out of turmoil and into blessings and peace.

**Also Happening:** Daylight Savings (fall back!)

## 10: Filling Our Minds with Goodness

**Affirmation:** *I choose to fill my heart and mind with goodness.*

**Lectionary:** *Hold on to Faith.* I will give my attention to all the good I see in and around me and thank God for that goodness.

## 17: Infinite Possibilities in Each Moment

**Affirmation:** *In each moment there are infinite possibilities.*

**Lectionary:** *Infinite Possibilities.* God creates new, joyful realities out of dark and desperate circumstances.

## 24: Thanksgiving & Hospitality

**Affirmation:** *We can work together to build community by practicing gratitude and acts of service.*

**Lectionary:** *Together in Christ.* God gathers people together.

**Also Happening:** Intergenerational Crafts, Community Thanksgiving Meal.

# DECEMBER

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## 1: Sharing

**Affirmation:** *When I share, happiness grows.*

**Lectionary:** *Called to Gift.* We all have something to give that grows community among humankind.

## 8: Stillness

**Affirmation:** *In stillness I experience the peace of Spirit and know my true self.*

**Lectionary:** *Vision of Peace.* God's vision for the world is one of nonviolence and healthy relationships for all people, creatures and the natural world.

## 15: Truthfulness

**Affirmation:** *My heart holds the truth, my voice speaks the truth, my life shares the truth.*

**Lectionary:** *Heartbeat of Justice.* Justice is motivated by love. Acts of justice step in to speak truth and restore those who are hurting or oppressed.

## 22: All-Comers Christmas Program

One service, 10a

All ages invited to participate in retelling the Christmas story!

**Lectionary:** *God with Us.*

## 29: Lessons and Carols

One service, 10a

No Faith Formation